

# Plum offers hard workers the chance to de-stress their lives

EVER felt like there aren't enough hours in the day?

Or that you'd rather spend more time with your family than your boss?

Then an exciting new business set up by a Penarth mum could be the answer to your prayers.

Plum Lifestyle Support is the brainchild of Michela Bloomfield and has the sole purpose of de-stressing life.

From cleaning your house to doing your laundry – the tailored lifestyle support service was devised when Michela returned to work after maternity leave.

Since moving to the area six years ago, the mum-of-one has enjoyed a successful career in Cardiff. But despite enjoying her job, she lacked precious time with her family.

Michela, 34, said: "Plum is offering a service that I would have used when I was working.

"The idea is to give the hard working people of Penarth, the Vale and Cardiff an opportunity to buy their precious time back and use it to enjoy living.

"By offering a bespoke service, where every day chores can be offloaded onto Plum, it gives our customers a shoulder to lean on in times of need," she added.

Yet the service doesn't end there.

From de-cluttering your house to grocery shopping, from buying birthday presents to organising hotel or restaurant reservations – the team at Plum do whatever it takes to make life easier.

Michela also believes in supporting local businesses, with all of the products and services used by the lifestyle management company bought and sourced locally.

If you would like to find out more or discuss buying your well-earned time back, call Michela on 029 2070 2902 or 07812 943507.

Or click on [www.plumlifestyle-support.co.uk](http://www.plumlifestyle-support.co.uk)



**LIFESTYLE:** Michela Bloomfield

# PLUM

CLEANING & LIFESTYLE SUPPORT



## BUY YOUR TIME BACK WITH PLUM!

**PLUM** is a lifestyle management company offering a bespoke service that meets your everyday needs. Our fully flexible service allows you to off load some of those everyday chores and buy your precious time back.

**PLUM** offers the full A to Z of lifestyle support services including:- laundry, hotel reservations, holiday organisation, arrange car maintenance, gift buying, grocery collection, PA service, de-cluttering your home and lots, lots more.

Contact us to arrange a free consultation or just to find out more.

[www.plumlifestylesupport.co.uk](http://www.plumlifestylesupport.co.uk)

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